



# T.R.R GOVERNMENT DEGREE COLLEGE

Kandukur,Prakasam District,Andhra Pradesh,Pincod:523105

[Established in 1966,Re-Accredited with 'B' by NAAC]

Affiliated to Acharya Nagarjuna University



## NSS Activities 2016-17

S.NO	Date	Activities Conducted
1	21/06/2016	International Yoga Day
2	14/08/2016, 03/12/2016	Plantation in the college Campus
3	01/12/2016	World AIDS Day
4	06/12/2016	Cashless Transaction Rally
5	07/12/2016	Blood Donation Camp

## **International Yoga Day**

<b>Program Name: International Yoga Day</b>	<b>Participants: All NSS Volunteers, Students and Staff</b>
<b>Date: 21 June 2016</b>	<b>Resource Person: Dr. M. Anjaneyulu, Physical Director, NSS PO and Y. Sudhakar Babu, NSSO PO</b>

### **Introduction:**

NSS Unit I & II have organized the International Yoga Day on 21-06-2016 at in the college.

### **Objective:**

To create awareness about Yoga and train the students and the staff in the college about the practice of Yoga in day-to-day life

### **About the Program:**

Smt. D. Krishna Kumar, Principal (FAC) has inaugurated the program and gave importance of practicing Yoga in day-to-day life by everyone. He had explained the benefits of doing yoga as good health, discipline, improvement of memory etc. Dr. M. Anjaneyulu, and Sri. Y. Sudhakar Babu have trained students and staff about the Yoga Asanas. They taught how to unite the mind and body by practicing Yoga and lead healthy life.

### **Outcome:**

The students have benefited from the program by getting awareness about the importance of Yoga and also got the training about some important Yoga Asanas to be practiced daily in their life. They also got training how to concentrate on the studies by practicing Pranayam and other Asanas.



## Campus Cleaning and Plantation Programs in the College

<b>Program Name: Campus Cleaning and Plantation Programs in the College</b>	<b>For all the NSS Volunteers, students and staff</b>
<b>Date: 14/08/2016 and 03/12/2016</b>	<b>Resource Persons: NSS Volunteers, Students, Staff</b>

### **Introduction:**

NSS Unit I & II have organised the several Plantation, Gardening and Cleaning programs in the college campus on the dates **14/08/2016 and 03/12/2016**.

### **Objective:**

- To involve the NSS volunteers and other students in green and environment initiatives in the college campus

### **About the Program:**

NSS Volunteers, students and staff have planted the trees in the college garden, and also cleaned the garden and campus.

### **Outcome:**

Many new trees were planted in the college garden and the garden was properly cleaned and watered. The NSS volunteers by participating in green activities like plantation, gardening and campus cleaning got the sense of social service and environmental protection.





## **World AIDS Day Rally**

<b>Program Name: World AIDS Day Rally</b>	<b>Participants: All NSS Volunteers, NCC Cadets, other Students and Staff</b>
<b>Date: 01 Dec 2016</b>	<b>Resource Person: Dr. M. Anjaneyulu, Physical Director, NSS PO and Y. Sudhakar Babu</b>

### **Introduction:**

NSS Unit I & II in association with NCC Unit have organized the World AIDS Day on 01-12-2016 at in the college and also conducted a rally in Kandukur Town on the same day.

### **Objective:**

To create awareness about AIDS disease among the students and public at large in the town

### **About the Program:**

Dr. M. Anjaneyulu, Physical Director, NSS PO and Y. Sudhakar Babu, NSSO PO have explained about the details of AIDS. The rally was organized in Kandukur Town for creating awareness among the public

### **Outcome:**

The students got awareness about AIDS and its implications. The public rally also created awareness about AIDS among public in the town.





## **Cashless Transaction Rally**

<b>Program Name: World AIDS Day Rally</b>	<b>Participants: All NSS Volunteers, NCC Cadets, other Students and Staff</b>
<b>Date: 06 Dec 2016</b>	<b>Resource Person: Dr. M. Anjaneyulu, Physical Director, NSS PO and Y. Sudhakar Babu</b>

### **Introduction:**

NSS Unit I & II in association with NCC Unit have organized the Cashless Transaction Rally on 06-12-2016 in Kandukur Town.

### **Objective:**

To create awareness about Cashless Transaction among the students and public at large in the town

### **About the Program:**

Dr. M. Anjaneyulu, Physical Director, NSS PO and Y. Sudhakar Babu, NSSO PO have explained about the importance of making cashless transactions during their buying or selling of goods and services. The rally was organized in Kandukur Town for creating awareness among the public about the importance of cashless transactions.

### **Outcome:**

The students got awareness about making cashless transactions. The public rally also created awareness about making cashless transactions among public in the town.

## నగదు రహిత లావాదేవీలు నిర్వహించండి



కందుకూరు రూరల్ : నగదు రహిత లావాదేవీలు నిర్వహించాలని ప్రెసిసిపాల్ డి.కృష్ణకుమార్ పేర్కొన్నారు. స్థానిక టీఆర్ఆర్ ప్రభుత్వ డిగ్రీ కళాశాలలో నగదు రహిత లావాదేవీలపై అవగాహన కార్యక్రమం మంగళవారం నిర్వహించారు. ఈ సందర్భంగా ప్రెసిసిపాల్ మాట్లాడుతూ కళాశాల అధ్యాపకులు, విద్యార్థులు నగదు రహిత లావాదేవీలపై అవగాహన కల్పించాలన్నారు.

విద్యార్థుల తమ తల్లిదండ్రులకు అవగాహన కల్పించి దీని వల్ల కలిగే లాభాలు, నష్టాలను వివరించాలని మూచించారు. అనంతరం అధ్యాపకులు, విద్యార్థులు, సిబ్బంది నగదు రహిత లావాదేవీల ప్లకార్డులతో కందుకూరు పట్టణంలో అవగాహన ర్యాలీ నిర్వహించారు.

## నగదు రహిత లావాదేవీలపై అవగాహన

ప్రజాశక్తి-కందుకూరు

స్థానిక టీఆర్ఆర్ ప్రభుత్వ డిగ్రీ కళాశాల ఆధ్వర్యంలో మంగళవారం నగదు రహిత లావాదేవీలపై మంగళవారం అవగాహన సమావేశం నిర్వహించారు. ప్రెసిసిపాల్ డి.కృష్ణకుమార్ ఆధ్వర్యంలో జరిగిన ఈ సమావేశంలో ఆయన మాట్లాడుతూ నగదు రహిత లావాదేవీల వలన నష్టాన్ని అరికట్టవచ్చునని చెప్పారు. అనంతరం కళాశాల ఆధ్వర్యంలో కళాశాల సిబ్బంది, విద్యార్థులు నగదు రహిత లావాదేవీలపై ప్లకార్డులతో కందుకూరు పట్టణంలో ర్యాలీ నిర్వహించారు.

## **BLOOD DONATION CAMP**

<b>Program Name: Blood Donation Camp</b>	<b>Participants: All NSS Volunteers, NCC Cadets, other Students and Staff</b>
<b>Date: 07 December 2016</b>	<b>Resource Person: Students and Staff</b>

### **Introduction:**

NSS Unit I and II and Red Ribbon Club of TRR Govt Degree College have organized Blood Donation Camp in college campus on 22-12-2016.

### **Objectives:**

The objectives of the Blood Donation Camp in the college is

- To instill the sense of social service among the students
- To involve the students in social service by providing the opportunity of Blood Donation

### **Program:**

The Blood Donation Camp was organized by the NSS Units and Red Ribbon Club in the Botany Lab. Total 40 students and staff have donated the blood. Certificates were distributed to the blood donors.

### **Program Outcome:**

Student and staff of college have participated in the social service by donating the blood which had installed the sense of social service among the students. The donors have got the certificates which can be used whenever they require blood for a year period.

